



What's a bothy?

A bothy is a shelter that anyone can use. They sometimes look like this one on the left.

They belong to landowners and are often looked after by volunteers from the Mountain Bothies Association.

Large groups (6 or more) shouldn't camp near a bothy without permission from the owner.

How do I use it?

Bothies can provide important shelter in bad weather, during emergencies or as a meeting point with your Supervisor.

If you are in a bothy treat it, and the people you may meet there, with respect.

Remember:

"If you've carried it in, then carry it out."

This applies to all rubbish or equipment you may have with you. Leave bothies looking like you found them, or better.



What do I do about...

Rubbish

Just because someone has left rubbish doesn't mean you can too.

Take it out with you like you do with other expedition kit.

If you've carried it in, then carry it out.



The Loo

Grab a spade and get walking.

Find a spot a couple hundred metres from the bothy, downstream, to do your business.

Bothy toilets can be over-used so do your research to find out if it's better to dig a hole.

Graffiti

Drawing on the walls makes people think the bothy isn't cared for and can lead to other vandalism. Often there is a visitors book to sign.

Just because someone else has done it doesn't make it right.

Extra Supplies

It's a myth that leaving extra food or a sleeping bag in a bothy is a good thing.

It makes the mice happy, but them being around won't make you happy.

If you've carried it in, then carry it out.



If you find a bothy with rubbish, graffiti or other signs of misuse, please report it to the Mountain Bothies Association via their website: <http://www.mountainbothies.org.uk/>