



## Blackpool, Blackburn, Lancashire and Cumbria 2019

The Lowland Leader Award has been designed for people who wish to lead groups on day walks in lowland countryside and woodland in summer conditions (ideally suited to Bronze and Silver expeditions). The lowland leader training course lasts for two days. Once completed, a separate two-day assessment will be required (booked separately).



### Cost

- £130 for training
- £130 for assessment
- £45 Registration with Mountain Training. Please visit [mountain-training.org/walking/skills-and-awards/lowland-leader](http://mountain-training.org/walking/skills-and-awards/lowland-leader) (Please note: training and assessment dates need to be booked separately.)

### Pre-requisites

#### Training

- You must be registered on Mountain Training. Go to [mountain-training.org/walking/skills-and-awards/lowland-leader](http://mountain-training.org/walking/skills-and-awards/lowland-leader)
- You must have recorded a minimum of 10 varied walks in lowland terrain where the use of a map is required

#### Assessment

- You must have attended a Lowland Leader training course (or have been granted exemption from Mountain Training)
- You must have logged a minimum of 20 walks in lowland countryside in different types of terrain (woodland, coastal, farmland etc.)
- You must hold a current first aid certificate, minimum 16 hours and relevant to your work as a Lowland Leader

“An excellent course designed for those who wish to take the lead on Bronze and some Lowland Silver expeditions. This is also ideal for your continued professional development.”

Paul Griffiths,  
 Operations Manager  
 North of England



### Consolidation

The period between training and assessment varies in length for each person and is an opportunity to develop your skills, paying particular attention to any areas for development identified during the training course. We recommend at least three months between training and assessment and if it takes you a few years to feel ready, that's fine too.

### DLOG

When you register with Mountain Training you will gain access to a DLOG account. This is where you will record all of your walks. Cancellation details are detailed on the back of the booking form.

Visit [tahdah.me/help/dlog](http://tahdah.me/help/dlog) for advice on how to fill in your DLOG.

If the minimum records for training (10 days) or assessment (20 days) are not evidenced then you may be refused a place on the course.

## Assessment residential course dates

### Course 1

Saturday 23-Sunday 24 March 2019

### Course 2

Saturday 27-Sunday 28 April 2019

### Course 3

Saturday 25-Sunday 26 May 2019

### Course 4

Saturday 1- Sunday 2 June 2019

### Course 5

Saturday 20- Sunday 21 July 2019

### Venue for courses 1-5

Smelt Mill, Trough Road, Clitheroe, Dunsop Bridge, BB7 3BH

### Course 6

Saturday 6-Sunday 7 April 2019

### Venue for course 6

Silverhelme Scout Activity Centre, Mortimer Lodge, The Row, Silverdale, Nr. Carnforth, LA5 0UG

## Further information

To book onto a Lowland Leader assessment, please visit [DofE.org/notice-boards/north-of-england/training](http://DofE.org/notice-boards/north-of-england/training) for a booking form and email this to Kerry Lindsay.

**Email:** [Kerry.Lindsay@DofE.org](mailto:Kerry.Lindsay@DofE.org)

For more technical information regarding this course, please contact Mark Young.

**Email:** [Mark.Young@DofE.org](mailto:Mark.Young@DofE.org)

**Tel:** 07584 203118