



D of E

THE DUKE
OF EDINBURGH'S
AWARD

PHYSICAL SECTION ACTIVITY LOG

Name:

Level:

(Bronze, Silver or Gold)

Timescale:

(No. of months for this section)

Notes:

- If extra space is needed, use an additional log.
- This *Activity Log* is only a personal record of the time you spend on your activities for each section.
- Remember to add this information, along with scans, photographs etc. (as high resolution jpegs) as evidence into eDofE.
- Download extra copies of this large print *Activity Log*, or the regular version, plus logs for the other sections, from eDofE.org or DofE.org/downloads
- You can ask your Assessor, Leader, instructor, trainer, coach, mentor etc. to initial each entry.

