

BLEEDING & SHOCK QUIZ

Tick the correct answers

(more than one answer may be correct).

NAME: _____

1 What are the two most important things we need to do as first aiders to help someone who is bleeding heavily?

- Get them to hospital
- Keep them warm
- Stop the bleeding
- Try to prevent infection entering the body by covering with a clean dressing or other clean material.

2 What are the two best ways to stop or slow the bleeding?

- Press very firmly directly on the wound
- Put a dressing on the wound
- Raise the injured part (above the casualty's heart)
- Raise the casualty's legs. Apply dressing or other clean material
- Put the casualty in the recovery position.

3 What do you do if you notice there is a piece of glass sticking in a wound?

- Pull it out quickly
- Leave it in and put a dressing firmly over it
- Leave it in and ask the casualty to firmly press on each side of the object, pushing the edges of the wound together.

4 If blood soaks through a dressing what should you do?

- Take the dressing off and put a clean one on
- Keep the injured part raised
- Put another dressing on top of the soaked one
- Tie a plastic bag over it.

5 If the casualty is in shock, what signs and symptoms would they show?

- Nausea
- Grey-blue skin
- Shallow breathing
- Weakness
- Thirst.

6 It is common for someone with severe blood loss to also have which conditions?

- Blood poisoning
- Haemophilia
- Shock
- Headache
- Asthma

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QUIZ ANSWERS

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