

Teaching Participants First Aid – Learning outcomes

Course aim

To provide DofE leaders with the skills and knowledge necessary to be able to deliver first aid training to their participants, either in preparation for the Expedition section, or as a weekly Skills section activity.

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| Main Learning outcomes | By the end of the session, delegates will be able to: |
| To provide DofE leaders with the understanding and knowledge to deliver appropriate training to DofE participants | * Demonstrate that they can deliver a first aid session safely and with an appropriate level of knowledge |
| To understand the first aid requirements of the DofE training framework | * Identify the first aid requirements for Bronze, Silver and Gold participants |
| To have a clear understanding of how to teach CPR | * Demonstrate teaching CPR to a peer group |
| To understand the importance of choosing the correct resources for teaching first aid | * Identify appropriate resources for their centre and understand where these can be obtained from * Understand the need for sufficient resources for their participants to have practical sessions rather than theory sessions |
| To understand the importance of staying up to date and maintaining a current first aid certificate | * Discuss the importance of an up to date certificate and how to obtain further training. |