



Welcome

Parent and Carer Information and Q&A Session

DofE South East Regional Team

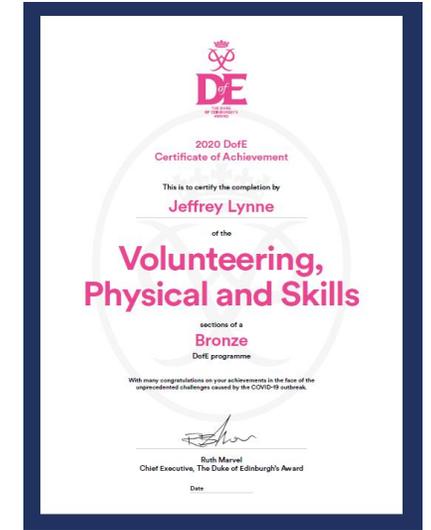
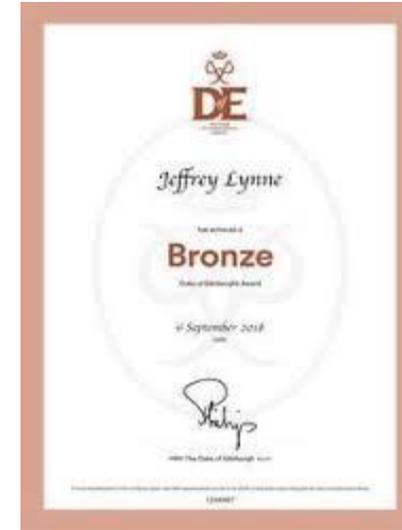
The Duke of Edinburgh's Award

The DofE



Our mission

To inspire, guide and support young people in their self-development and recognise their achievements.



Our Guiding Principles



Non-competitive

Voluntary

Personal development

Personalised

Balanced

Progressive

Achievement focused

Demand Commitment

Enjoyable

Achievable by all

DofE Levels



- There is a **huge choice** of activities that count towards a DofE programme
- Activities could be something they are already doing or completely new
- All activities must be **outside of normal school curriculum**. Lunch and after school clubs and activities do count.
- The activity should be done for **approximately an hour a week**
- **Participants need to have an assessor** for each section of the award who has expertise or knowledge in the activity, but **cannot be a relative**



Volunteering

It's about choosing to give time to something useful, without getting paid.

- Raise money for a local charity
- Opportunities within the local community (local papers/Social media). Is there a community organisation or individual that needs support? e.g. Helping an elderly neighbour / litter picking / shopping for someone who is shielding / community run shop or cafe
- Helping at home e.g. cooking a meal for the family once a week to help out / tutoring younger siblings
- Skype talk / facetime / WhatsApp/ Zoom call to an elderly relative or neighbour to prevent them from feeling isolated
- Helping at school/extra clubs

**Unfortunately volunteering at commercial businesses cannot be accepted*



Volunteering section

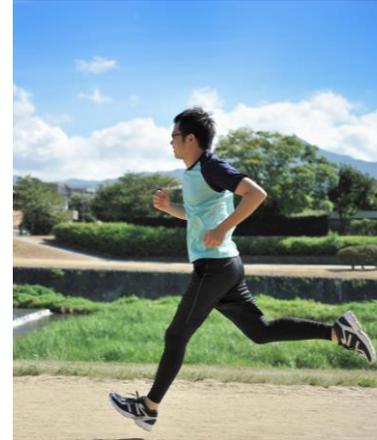
EXPLORE



Physical

Being active, anything that requires a sustained level of physical energy and involves doing an activity

- Walking in the local area
- Fitness challenges
- Couch to 5k
- Online Yoga/Pilates
- YouTube fitness videos
- Circuit training at home
- Playing sports



Physical section

EXPLORE



Skill

To develop practical and social skills and personal interests by developing a new skill or improving an existing one

- Complete an online course
- Learn to play an instrument
- Coding
- Photography
- Cooking
- Sign language
- Studying religious text
- Learning first aid
- Gardening
- Magic tricks
- Research family tree
- Painting, drawing or model making
- Extra-curricular languages
- Coaching



Skills section

EXPLORE



Expedition



Exploring the countryside and camping under the stars in small groups. During the expedition they will be unaccompanied and self-sufficient learning valuable life skills such as teamwork, leadership and resilience.

Level	Training	Duration		Minimum hours of planned activity each day
		Practice	Qualifying	
Bronze	Including.... Camp craft Map Skills, First Aid,		2 days and 1 night	At least 6 hours during the daytime (at least 3 of which must be spent journeying)
Silver	Including.... Camp craft Map Skills, First Aid,	Minimum 2 days and 2 night	3 days and 2 night	At least 7 hours during the daytime (at least 3.5 of which must be spent journeying)
Gold	Including.... Camp craft Map Skills, First Aid,	Minimum 2 days and 2 night	4 days and 3 night	At least 8 hours during the daytime (at least 4 of which must be spent journeying)

DofE Expedition Kit

Get prepared for expedition season. The DofE builds great partnerships with expert kit suppliers and manufacturers so we can recommend kit suitable for DofE expeditions.

[DOWNLOAD THE DOFE EXPEDITION KIT LIST](#)

Expeditions during COVID

Due to COVID-19 we now have some temporary flexibilities to allow schools to deliver expeditions, they may look a little different but with the same learning outcomes.

Your School/DofE centre will be adapting their expeditions based on the government guidelines and their own policies and procedures, so expeditions will vary by school/DofE centre.

Your school/DofE centre will provide you details of their expeditions plans



Residential- Gold Only



Working, learning and staying away* from home for 5 days 4 nights.

It's a great opportunity to build new relationships with people you have not met before, whilst working as part of a team to achieve shared goals, staying in shared accommodation.

- University taster course
- Language course
- Cookery courses
- Outdoor activity centre
- Conservation projects
- Zoo Keeper course
- First Aid course
- Summer Camps

**flexibilities in place until end of 2022*

Opportunity Finder

The Opportunity Finder shows opportunities listed by Approved Activity Providers or Licensed Organisations for the DofE.



eDofE and the Participant eDofE App

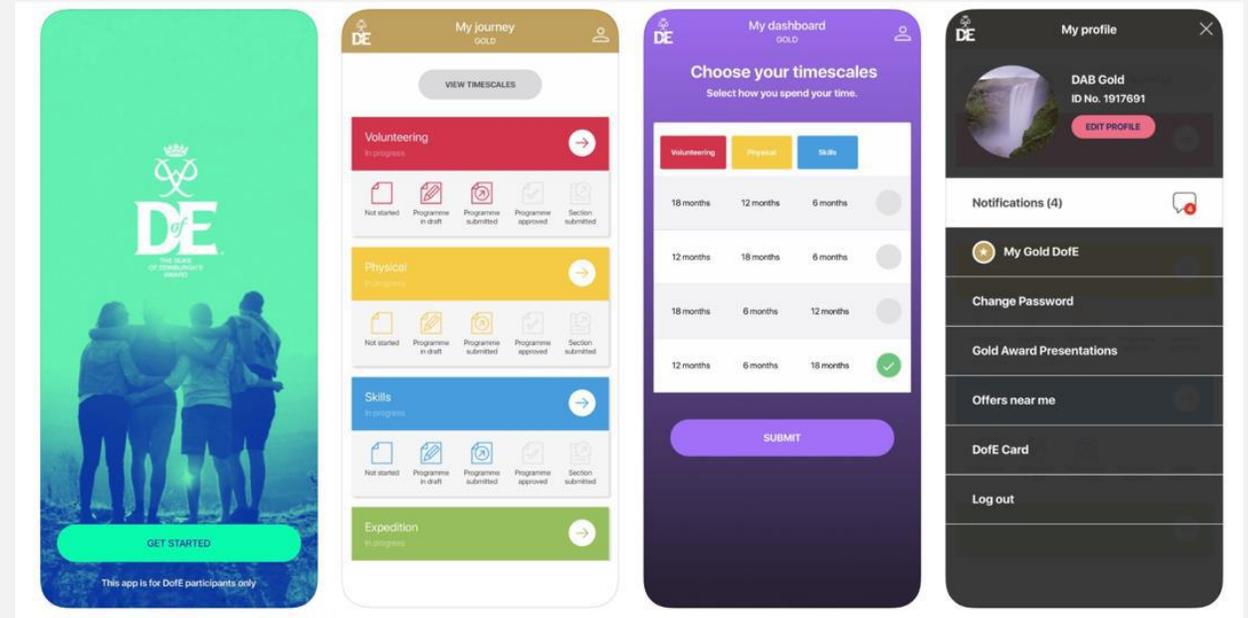


eDofE is our digital system where participants record their DofE programme and activities online, and get each section approved by a DofE Leader.

Participants can check their progress throughout their programme and submit evidence in a variety of formats.

Participants can sign into eDofE by clicking the 'eDofE login' button in the top right of any page of the website, or visit edofe.org

Access eDofE on the web or using the official smartphone app



Welcome Pack

The DofE sends Welcome Packs directly to new participants' homes when they register their address on their eDofE profile.

The Welcome Packs include five main elements:

- Information for participants
- Information for parents and carers
- Participant's DofE Card
- Assessors' cards
- A guide to choosing expedition kit.

You can [download digital copies](#) of the contents of the packs on [dofe.org](#).



DofE Rewards



The DofE Discount Card

DofE participants receive a discount for being part of the DofE network.

It gives a discount at a number of fantastic retailers in-store and online.

Discover all DofE offers on our website www.DofE.org

eDofE Mapping

The OS eDofE Mapping system is accessible via eDofE, allowing participants to create personalised maps

 GOoutdoors.co.uk Extra 10% off the GO Outdoors Discount Card price. Inspiring everyone to get outdoors, for less... and love it as much as we do.	 Blacks.co.uk 15% off the current selling price. Includes reduced price items. Proud to be a part of your outdoor life.	 Millets.co.uk 15% off the current selling price. Includes reduced price items. The destination for family adventure.	 Ultimateoutdoors.com 15% off the current selling price. Includes reduced price items. The number one destination for all things outdoors.	 Tiso.com 15% off the retail price. Scotland's leading specialist retailer for outdoor clothing, camping equipment and climbing gear.
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**Always show your DofE Card or Voucher.
You'll get the best savings and help support young people to do their DofE.**



Assessor Reports – The Who

An Assessor can be anyone who is interested in helping a participant complete a section and achieve their Award, has some knowledge about it (although they don't need to be an expert!) and is available over the time you're doing their activity.

They **cannot be a family member** (to maintain the integrity and value of your Award), but they could be:

- A family friend
- Your DofE Leader
- Another DofE volunteer or helper who helps with the group (your DofE Leader can help put you in touch)
- A teacher from school
- Another youth leader, if they belong to a youth club, Scouts, Cadets etc.

Must be over 18

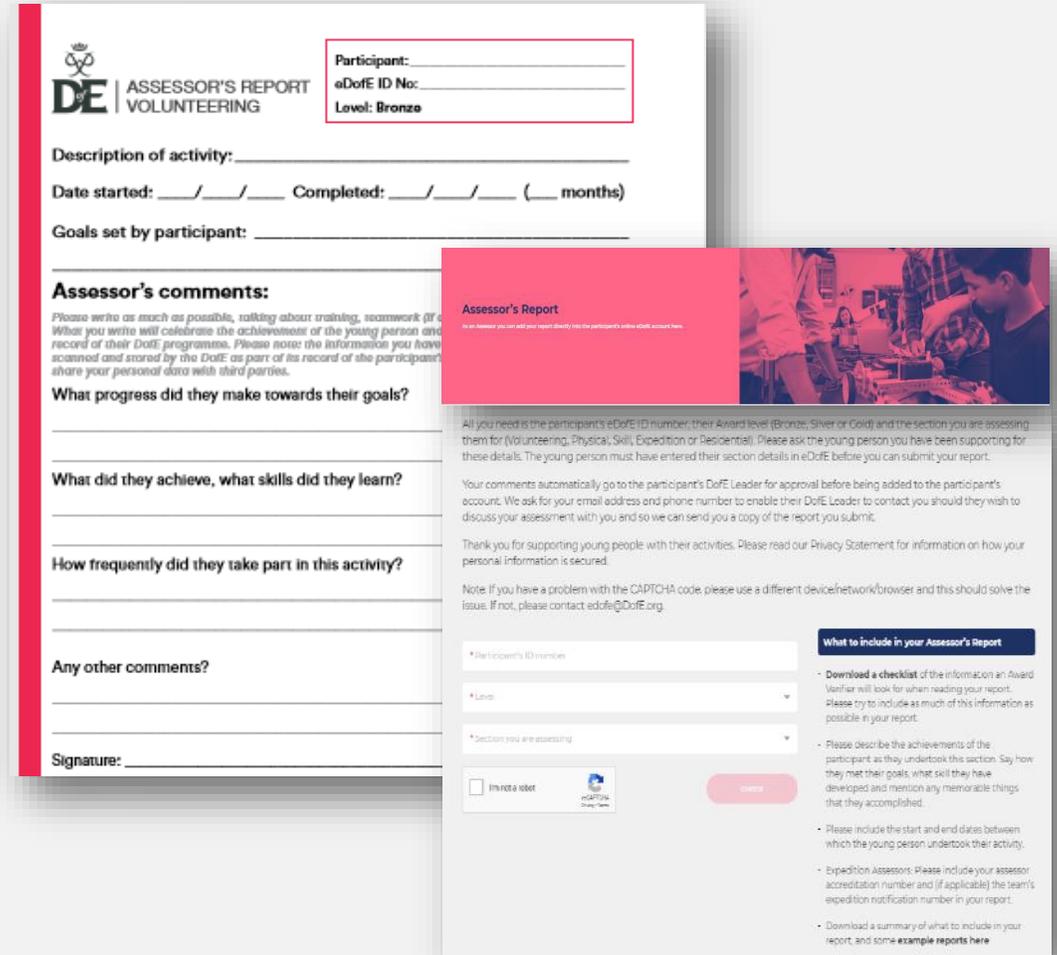
Assessor Reports – The How

There are two ways to submit Assessor's Reports

1. The assessor can complete the sectional Assessor's Report Card, found in a participant's Welcome Pack
2. Alternatively an assessor report can be directly uploaded into the participant's online eDofE account via DofE.org/assessor

The assessor will need:

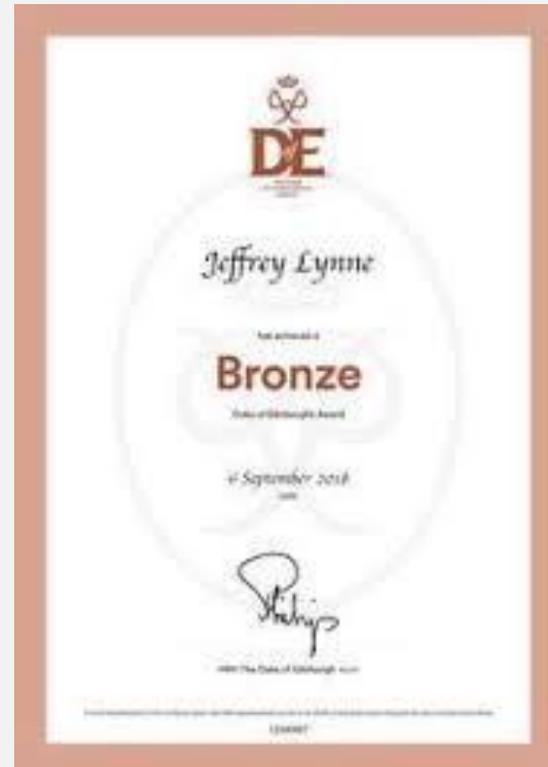
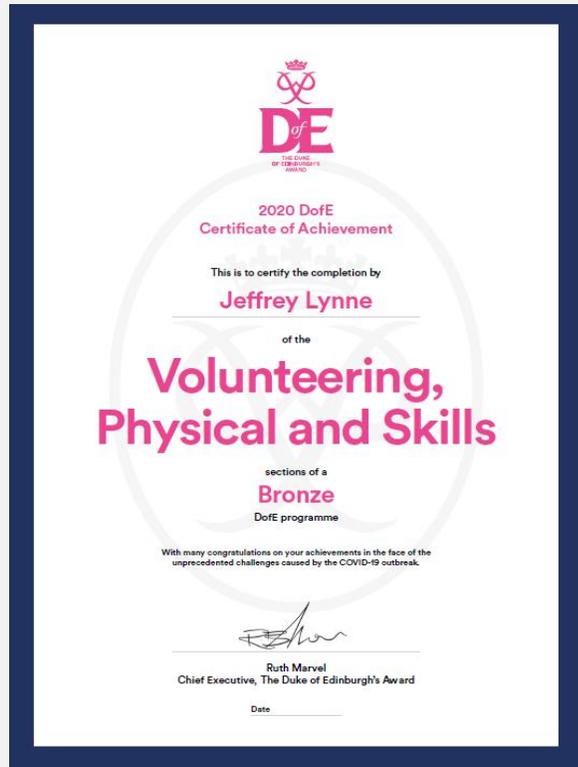
- The participant's eDofE ID number.
- The participant's Award level.
- The section they are assessing them for.



The image shows two parts of the reporting process. On the left is a printed 'ASSESSOR'S REPORT VOLUNTEERING' form. It includes fields for Participant name, eDofE ID No., and Level (Bronze). Below these are sections for 'Description of activity', 'Date started', 'Completed', 'Goals set by participant', and 'Assessor's comments'. The comments section includes a warning about data sharing and prompts for progress, achievements, frequency, and other comments. A signature line is at the bottom.

On the right is a screenshot of the online submission page. It features a red header 'Assessor's Report' and a photo of a young person working. The main text explains that the assessor needs the participant's eDofE ID number, award level, and section. It also states that comments go to the participant's DoE Leader for approval. A 'What to include in your Assessor's Report' box lists requirements: participant ID, level, section, start/end dates, and expedition details. A 'CHECK' button is visible at the bottom right of the form area.

On completion of their award....



LifeZone

Our careers hub for participants and Award holders – helping you describe the huge variety of skills and experience you've gained from doing your DofE that will make you stand out to employers, colleges and universities and that you'll be able to use in the workplace.

Gold Award Presentations

- The school/LO will enrol your son/daughter onto DofE via eDofE and they will receive an email with their log in details
- They must complete an hour a week, if they miss a week that's not a problem, they just add it on at the end
- Participants can change activity if they need to



- Assessors only need to add one report at the end of the time commitment
- Evidence can be uploaded such as pictures/blog/recipes etc each week
- The same person can assess for each section if needed (Not a family member)
- All three sections can be run concurrently.

<https://www.dofe.org/notice-boards/south-east/resources>

Thanks

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 **@DofE**

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