



# Expedfest Cymru

## 21<sup>af</sup>-23<sup>ed</sup> Chwefror 2020

Plas y Brenin,  
Eryri

Mae Expedfest yn gyfle gwych i gynyddu eich sgiliau alldaith.

Cewch gyfle i ddod ynghyd â gwirfoddolwyr a staff DofE o bob cwr o Gymru a chael ysbrydoliaeth i'w rhoi i'ch grwpiau DofE. Cewch gymryd rhan mewn hyfforddiant neu asesiad a fydd yn eich helpu i ennill cymwysterau er mwyn cefnogi pobl ifanc i gyflawni eu potensial llawn yn yr awyr agored!

### Opsiynau hyfforddiant

Dewiswch un o'r cyfleoedd hyfforddi anhygoel yn seiliedig ar eich lefel sgiliau gyfredol.



#### DofE i'r rhai hynny sy'n newydd i alldeithiau:

Wedi ei anelu at wirfoddolwyr newydd, dyma gwrs sgiliau alldaith sylfaenol sy'n cynnwys crefftiau gwersylla sylfaenol, chwilio'r ffordd a chynllunio alldeithiau.

Cefnogi gan: **Ramblers  
Holidays  
Charitable  
Trust** **R**

#### Cyrsiau Hyfforddiant Mynydd:

- Hyfforddiant i Arweinwyr Iseldir
- Aseiad i Arweinwyr Iseldir
- Sgiliau Alldaith

Mae gan bob cwrs Hyfforddiant Mynydd ragofynion. Edrychwch ar y wefan i sicrhau eich bod yn dewis y cwrs Hyfforddiant Mynydd addas i chi. Cofrestrwch a thalwch unrhyw ffi gofrestru (ar hyn o bryd £47) i Hyfforddiant Mynydd cyn y cwrs. ([www.mountain-training.org](http://www.mountain-training.org)).

### Gwnewch gais nawr!

Mae cost y cwrs drosodd £270, ond gyda diolch i gefnogaeth hael ein partneriaid, y gost ar gyfer gwirfoddolwyr DofE sy'n gweithio gyda grwpiau yng Nghymru yw £100 y pen. Dyma werth eithriadol am ddwy noson o lety, prydau a hyfforddiant.

Pawb i gyrraedd erbyn 6pm ar 21af Chwefror am swper a gadael oddeutu 5pm ar 23ed Chwefror.

**[Cliciwch yma i wneud cais neu ewch i: bit.ly/dofewalesexpedfest](http://bit.ly/dofewalesexpedfest)**

Am ragor o wybodaeth cysylltwch gyda eich Swyddog Gweithrediadau Cymru DofE.  
**wales@DofE.org** neu ffoniwch **01874 623086**.





# Expedfest Cymru

## 21<sup>st</sup>-23<sup>rd</sup> February 2020

Plas y Brenin,  
Snowdonia

Expedfest is a great opportunity to increase your expedition skills. Get together with volunteers and DofE staff from across Wales and take some inspiration back to your DofE groups. Take part in training or assessment that will help you gain qualifications to support young people to achieve their full potential in the outdoors!

### Training options

Choose one of the amazing training opportunities based on your current skill level.



#### DofE New to Expeditions:

Aimed at newer volunteers this is a basic expedition skills course including basic campcraft, navigation and planning expeditions.

Supported by: **Ramblers Holidays** Charitable Trust 

#### Mountain Training courses:

- Lowland Leader Training
- Lowland Leader Assessment
- Expedition Skills

All Mountain Training courses have prerequisites. Please check the website to ensure the right Mountain Training course for you. Register and pay any registration fee (currently £47) to Mountain Training before the course. ([mountain-training.org](http://mountain-training.org)).

### Apply now!

The cost of the course is over £270, but thanks to the generous support of our partners, the cost for DofE volunteers working with groups in Wales is £100 per person. This is fantastic value for two nights accommodation, meals and training.

Arrival 6pm 21st February for supper and departure around 5pm on 23rd February.

**[To apply please click here or go to: bit.ly/dofewalesexpedfest](http://bit.ly/dofewalesexpedfest)**

For further information please contact your DofE Wales Operations Officer.  
Email [wales@dofe.org](mailto:wales@dofe.org) or call 01874 623086.

