

MANAGING MY MONEY FOR YOUNG ADULTS

THIS FREE ONLINE OPEN UNIVERSITY COURSE IS DESIGNED TO GIVE 15-19 YEAR OLDS PERSONAL FINANCIAL MANAGEMENT SKILLS AND THE CONFIDENCE TO TAKE CONTROL OF THEIR FINANCES WHETHER STILL STUDYING, STARTING WORK OR AN APPRENTICESHIP OR PLANNING TO GO TO UNIVERSITY.

STUDIES HAVE SHOWN THAT A PLANNED PROGRAMME OF FINANCIAL EDUCATION CAN PLAY AN IMPORTANT ROLE IN HELPING YOUNG PEOPLE NAVIGATE FINANCIAL AND CONSUMER DECISIONS.



Managing My Money For Young Adults teaches students how to:

- budget effectively, through different stages of their lives
- choose and manage bank and savings accounts
- finance further and higher education studies
- borrow sensibly and manage debts effectively
- plan ahead to make life goals financially achievable

At the end of the course students receive:

- Open University Digital Badge on successful completion of the course
- Statement of Participation from the Open University
- Independent learning to talk about in interviews and on university statements

Quick Facts

- Eight free online sessions downloadable to phones and tablets
- 12-16 hours of self-paced study
- Downloadable Teachers' Pack to support in-class and home learning
- There is an online budget tool
- Animations and practical tips
- Real-life student case studies
- Video content including some featuring Bobby Seagull and Martin Lewis
- Short quizzes to reinforce learning
- The course does not require any previous experience of studying this subject



The course contains:

- **Eight online sessions** that take between 1-2 hours each:

Session 1: You and your money

Session 2: Earning money and understanding tax

Session 3: Being a savvy shopper and building a budget

Session 4: Preparing for life after school

Session 5: Living in shared households

Session 6: Understanding debt and how to borrow wisely

Session 7: A good credit rating and how to keep it

Session 8: Planning early for later in life – buying a home and planning your pension.

- **Real-life case studies** featuring current students (both at school and university) and recent graduates who reflect on their experiences of living away from home for the first time while studying.
- **Step-by-step animations** and practical tips
- **Videos** from money experts
- **Course app** to facilitate budgeting
- Students can use the **dedicated forum** to discuss the course contents together as well as with its author, Martin Upton

The lead presenter on the course is Bobby Seagull, maths teacher, TV and radio presenter and star of BBC's University Challenge.



Plus Martin Lewis, Money Saving Expert, brings to life several elements of the course online.

This course was written and developed by Martin Upton, Director of The True Potential Centre for the Public Understanding of Finance (True Potential PUFin), based at the Open University Business School.



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www.open.edu/openlearn/mmya

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