



EXPEDITION SUPERVISOR TRAINING COURSE

Expedition Supervisor Training Course (ESTC)

Course aim:

To provide Expedition Supervisors with an understanding and consistent interpretation of their role and responsibilities within the DofE, ensuring a high quality expedition experience for all young people.

The ESTC is normally delivered as a one day classroom-based course.

Requirements

Prior to attending the course, delegates should seek the support of their Licensed Organisation, Approved Activity Provider or Assessor Network and the Course Director, who must be satisfied that they have the technical expedition skills needed to complete the course.

Those without experience skills experience may choose to do a practical course in preparation, for example the DofE Expedition Skills course.

Please note:

Completion of the ESTC does not automatically entitle a delegate to supervise DofE expeditions. This authorisation is given by each LO/AAP, in accordance with their guidelines and requirements. However, some LOs/AAPs may make this course a compulsory part of that authorisation process.

Course information

- Courses are run throughout the year by DofE Regional/Country Offices, as well as by Licensed Organisations. To find out about upcoming dates and prices in your area visit: [DofE.org/finder](https://www.dofe.org/finder).
- For more information on DofE training and other courses visit: [DofE.org/training](https://www.dofe.org/training).
- The ESTC webpage is [DofE.org/estc](https://www.dofe.org/estc).

What will you cover during the course?

- The roles that adults play in the Expedition section.
- The three levels of supervision and how to use them.
- What a Supervisor needs to do prior to, during and after an expedition.
- Safety and emergency procedures and how they relate to expeditions.
- The duty of care for a Supervisor.
- How to become a proactive Supervisor.

Benefits

- Expedition Supervisors will have a clear understanding of their role and responsibilities.
- Increased knowledge of the Expedition section.
- The opportunity to network with other Supervisors.
- Nationally recognised certificate of attendance.

Course delivery

Two e-learning modules are completed before the course and are available from [DofEtraining.org](https://www.dofe.org).

“Enjoyable, engaging and more importantly I actually know what I am supposed to do as an Expedition Supervisor.”

Jo Flack, DofE Expedition Supervisor, Solihull