



The Duke of Edinburgh's Award

Daily planner

Daily plan for:

My schedule

7.00am

8.00am

9.00am

10.00am

11.00am

12 noon

1.00pm

2.00pm

3.00pm

4.00pm

5.00pm

6.00pm

7.00pm

Top three goals today...

1:

2:

3:

Fun things to do today...

1:

2:

3:

Other things to do today...

1:

2:

3:

4:

5:

6:

Best part of today was...

Helping you navigate our new world: [DofE.org/mentalhealth](https://www.dofe.org/mentalhealth)