



The Duke of Edinburgh's Award

Expeditions in restricted outdoor spaces

Condition uses one of the temporary changes.

- 1** Participants complete physically active navigation-style team challenges or use gym equipment.
- 3** Can be used as the combined Bronze qualifying/Silver practice expedition, and as the combined Silver qualifying/Gold practice expedition.
- 5** Expeditions can be completed locally, such as on school or youth group grounds.
- 6** Participants can return to their own home to sleep.
- 9** Assessors can be known to the group, and don't need to be present on a combined expedition.
- 12** Participants can be driven to/from their start/end points.
- 14** Practice and qualifying expeditions can be delivered 'back to back'



Please use alongside the DofE's
20 Conditions of the
Expedition section:
[DofE.org/20conditions expeditions](https://DofE.org/20conditions%20expeditions)

Condition is the 'normal' rule – the temporary changes don't affect it

- 2** Up to 50% of planned activity can be spent investigating the aim.
- 4** There must be between four and seven participants in a team.
- 7** The minimum hours of planned activity must be met.
- 8** Expedition must be supervised by an adult who takes responsibility for the safety of the team.
- 10** Expeditions can take place at any time of year, but are usually between March and October.
- 11** Participants must be adequately trained to safely undertake their expedition.
- 13** Participants should be given as many opportunities as possible to operate independently of adult support.
- 15** Groups must adhere to a mobile phone policy.
- 16** Participants must behave responsibly.
- 17** Groups must understand and adhere to the Countryside /Scottish Outdoor Access, Highway and Water Sports Codes (as appropriate).
- 18** Participants must plan an appropriate expedition menu.
- 19** Participants must actively participate in a debrief at the end of the expedition.
- 20** At Silver and Gold, a presentation must be delivered after the expedition.