



# The Duke of Edinburgh's Award Expeditions in restricted spaces – compiling a local trail

As part of the temporary changes, expeditions can be run in restricted spaces (e.g. school or youth group grounds) to give support to Licensed Organisations (LOs) affected by current Government guidance, such as local lockdowns and social distancing measures.

The restricted spaces option allows Leaders to choose a challenge for young people that still fits with the ethos and aim of the Expedition section, whilst allowing it to be completed without having to leave the centre.

This template outlines how an expedition in a restricted space could be run. Please refer to our [Expeditions in restricted spaces guidance](#) for more detail.

## Aim

To produce a guided walk to the local area highlighting places of local interest.

## Space available

Teams could travel into the local village/residential area that surrounds their DofE centre. Teams will be walking on pavements, rather than open countryside or footpaths.

## Training

Training may include:

- Navigation using street maps, and on mapping apps/software to produce GPX files
- Route planning
- Highway code
- First aid
- Teamwork and leadership skills
- Food and nutrition
- Cooking on stoves.

Planning prior to the expedition should also include teams researching local history.

## Resources/equipment:

Resources and equipment may include:

- Digital cameras or mobile phones
- Laptops/computers
- Mapping software such as [eDofE](#).

The outline included here is for a Bronze expedition, but it could be adapted for a Silver or Gold expedition, e.g. by increasing the size of the area or the complexity of the tasks.

Teams should be encouraged to take regular breaks throughout each day.



# Day one

Activity	Time
<p>Teams walk their pre-planned route, identifying barriers to access for any groups of users and taking pictures of their key points of interest.</p> <p>Participants should make notes about the route and understand how to describe it to someone else.</p> <p>They should identify questions that could be used in their trail such as:</p> <ul style="list-style-type: none"> <li>- Which member of royalty is on the post box?</li> <li>- What is the pub sign for the Fox and Hounds?</li> <li>- In which year was Carlton Terrace built?</li> </ul>	Three/four hours including time for lunch.
Teams return to their DofE centre, and create/illustrate their trail using mapping software.	Three hours.
Teams prepare their evening meal and cook on stoves.	Additional to planned activity time.

# Day two

Activity	Time
<p>Teams can give their trails to another team from the same DofE centre, who will follow it and complete the trail questions.</p> <p>Alternatively, DofE centres with only one team could partner with another DofE centre.</p>	Two hours
Teams return to the DofE centre.	One hour
Teams provide feedback on the trails, e.g. errors or directions that aren't clear.	
<b>Lunch</b>	30 minutes
Teams revise their trails taking into account the feedback from the other teams.	One hour
A trip out to re-take photos or check directions might be necessary.	
Teams could create a GPX file using electronic mapping to accompany the trail (e.g. using eDofE), or they could produce an information sheet using Microsoft Word or PowerPoint.	One hour
Produce final trails ready for use by the public, other DofE participants or the local community.	One hour
These could be shared online, e.g. in a local walking forum.	
Teams review the activities and the learning points with their Supervisor/ Assessor.	30 min



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