

# Expeditions in restricted spaces – creating a photo guide to the local area

As part of the temporary changes, expeditions can be run in restricted spaces (e.g. school or youth group grounds) to give support to Licensed Organisations (LOs) affected by current Government guidance, such as local lockdowns and social distancing measures.

The restricted spaces option allows Leaders to choose a challenge for young people that still fits with the ethos and aim of the Expedition section, whilst allowing it to be completed without having to leave the centre.

This template outlines how an expedition in a restricted space could be run. Please refer to our [Expeditions in restricted spaces guidance](#) for more detail.

## Aim

To create a photographic guide to the local area. This could be in the style of an A-Z guide, or it could focus on a particular aspect of the local area, e.g. history or the environment.

## Space available

Teams will need access to the DofE centre grounds and/or the local area immediately surrounding the DofE centre.

## Training

Training may include:

- First aid
- Navigation
- Food and nutrition
- Cooking on outdoor stoves
- Emergency procedures
- Observation skills.

Planning prior to the expedition could also include a session on making the most of a camera and taking good photos, e.g. understanding the use of light, composition, the rule of thirds and resolution.

## Resources/equipment:

Resources and equipment may include:

- Digital cameras or mobile phones
- Laptops/computers
- Printer.

The outline included here is for a Bronze expedition, but it could be adapted for a Silver or Gold expedition, e.g. by increasing the size of the area or the complexity of the tasks.

Teams should be encouraged to take regular breaks throughout each day.



## Day one

Activity	Time
Teams complete a navigational challenge around the DofE centre grounds  This can be done either by direct instructions (five paces for 270 degrees, ten paces for 315 degrees etc.) or by giving clues in riddles, rhymes, codes. See 'Scaling Everest' and 'Compiling a local trail' templates for further examples.	One hour 30 minutes
At each point participants must take a photo of their location	
Participants review and select photos to support their aim	30 minutes
Supervisor debrief to include support for any technical issues	15 minutes
Scavenger hunt photography – teams are given a list of items that they need to photograph around the site. Some should be easy to find and some more obscure	One hour
<b>Lunch</b>	Allow 30 minutes
Participants review and select photos to support their aim.	30 minutes
Supervisor debrief to include support for any technical issues.	15 minutes
Stage an emergency incident that the team must deal with – whilst some of the team deal with the incident, others should document the incident in the style of a photojournalist.	45 minutes
Review and download photos from the day.	15 minutes
Participants start to compile their best photos into either:  - Video of the day - Online scrapbook - Collage.	One hour
As a team or as individuals, participants must prepare and cook their evening meal.	Additional to planned activity time

## Day two

Activity	Time
Participants should plan for the remaining photos that are needed to compile their A-Z guide.	30 minutes
Photography session with participants choosing the nature of their photographs to fit with their overall aims and objectives.	Two hours
Download photos and review.	30 minutes
<b>Lunch</b>	Allow 30 minutes
A session to concentrate on macro photography, getting close to the subjects and revealing life in more detail.	One hour
Download all photos and continue with the previous day's work with compiling the final video, scrap book, collage, montage or other form of display.	Two hours
Teams review the activities and the learning points with their Supervisor/ Assessor.	30 minutes