Adult training – expedition modules

Adult training courses
The DofE’s Modular Training Framework (MTF) has a number of training courses that help prepare adults to undertake the various DofE roles.

For more information on the training available, visit the MTF webpage DofE.org/mtf or speak to your DofE Region/Country office.

Expedition modules:
Two of the modules centre on the Expedition section. The following chart has an overview of the courses available and describes the differences between them. Potential course delegates should read the description of what each training module will prepare them for and decide which order to complete the courses in.

DofE Expedition Skills (DES)

- **Who should apply?**
  Adults who want practical expedition skills training, as preparation for being part of an expedition leadership team.

- **What role does it prepare you for?**
  Expedition leaders and expedition support staff (supporting foot-based expeditions in normal Bronze terrain).

- **Future courses:**
  Completing the PESM helps learners to gain expedition skills. The course is good preparation for the EASTC module.

- **Further information:**
  Completing the DES course helps learners to gain expedition skills. The course may be suitable preparation for the EASTC.

Expedition Assessor and Supervisor Course (EASTC)

- **Who should apply?**
  Adults who intend to either supervise or assess expeditions, including the dual Supervisor/Assessor role for Bronze expeditions.

- **What role does it prepare you for?**
  Expedition Supervisor: adults will also need to already have the technical expedition skills, as required by their LO/AAP.

  Expedition Assessor: adults will also need to complete the route to accreditation to become an Accredited Expedition Assessor.

- **Further information:**
  See DofE.org/eastc and the course flyer for the full description and the pre-requisite e-learning.

Training courses are run throughout the year by DofE Region/Country Offices and Licensed Organisations (DES courses are only run by DofE Offices). To find out about upcoming dates and prices in your area visit: DofE.org/finder and your local noticeboards.

Consult your Licensed Organisation/Approved Activity Provider/Assessor Network before applying for any of the courses.