

# LANGUAGES

Learn a Commonwealth language

Skills section



## Identify a language spoken in the Commonwealth that you would like to study.

Depending on the language, you could go to local classes, follow YouTube learning videos, ask friends or relatives who speak the language for guidance, or download language learning apps like Duolingo.

There are 54 countries in the Commonwealth, and a huge number of languages spoken so you have lots to choose from – though some might be easier to find classes and resources for than others. [You can find a list of the countries here.](#)

## Suggestions for evidence

You'll need to upload some evidence onto your eDofE account to show your progress.

Examples of evidence might be:

- Create an ongoing vocabulary list.
- Write a short paragraph introducing yourself and where you live.
- Record a pretend conversation.
- Screenshots of progress on a language learning app.



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WITHOUT  
LIMITS**



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## Programme plan

If you need help structuring your activity, you could follow some suggestions below. This is a guide, so there's no need to follow it exactly – you can create something entirely new with your Assessor if you would prefer.

This programme planner is for people who are learning a new language from scratch. If you already have basic knowledge of a language and want to improve, you'll have to adapt it.

Week no.	Activities	Suggested tasks
Week 1	Language learning	Learn greetings (Hello / Goodbye / Please / Thank you etc).
Week 2	Language learning	Learn numbers 1–20.
Week 3	Listen to music in your chosen language – look up lyrics in English and the chosen language to compare.	Look up some artists, maybe different genres, and listen to a few songs and try to understand them. If you read the lyrics at the same time, it's easier to pick out individual words. If you can also find English lyrics, you can compare the two, and pick out specific vocabulary. Write down any interesting words or tips about pronunciation.
Week 4	Language learning	Learn some describing words such as colours and sizes. Practice describing people or objects.
Week 5	Language learning	Learn the different types of weather and write descriptions of weather in different Commonwealth countries.
Week 6	Watch a TV programme in your chosen language (either dubbed or originally in that language – you can have English subtitles!).	Choose a tv programme in the chosen language or watch an English programme with dubbing into the chosen language. Write a summary of what the show was about, and any vocabulary you learned.
Week 7	Language learning	Learn words relating to family and friends and write sentences about your own family and friends.
Week 8	Language learning	Learn positive / negative describing words.

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Week no.	Activities	Suggested tasks
<b>Week 9</b>	Watch a news report / read news articles in your chosen language. Some languages may have a 'slow news' website, which reads the news in a slower and easier to understand way.	Write a summary in English about the news report, and list five words you learnt from it.
<b>Week 10</b>	Language learning	Learn vocabulary about animals and write sentences about them.
<b>Week 11</b>	Language learning	Learn modes of transport and directions. Practice asking for directions in your target language.
<b>Week 12</b>	Watch a movie in your chosen language (either dubbed or originally in that language – you can have English subtitles!).	Choose a movie in the chosen language or watch an English movie with dubbing into that language. Write down any words you heard and recognised, and any thoughts you have intonation or accents.
<b>Week 13</b>	Language learning review: What have you learnt?	Summarise your learning, and reflect on your journey so far. What did you struggle with? What was easy? Are you going to continue learning this language?

If you choose to do this for a 6 or 12 month section, add more challenging tasks for future lessons. Perhaps you could script a conversation with someone, or try to watch a TV show where both the spoken language and subtitles are in your target language, to see how much you can pick up.

