



**YOUTH
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Safeguarding Procedures (including Child Protection)

APRIL 2023



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Table of Contents

Introduction	5
Harm and abuse	5
How concerns may arise	7
Professional curiosity	7
Risk factors	7
Being person-centred	8
How to use these procedures	8
Section One: Reporting concerns	9
Reporting Concerns (Flowchart 1)	11
Reporting Concerns	12
Responding to a Direct Disclosure	13
Record Keeping	14
Confidentiality and Information Sharing	14
Section Two: Steps for the DofE DSL	15
Procedure for Designated Safeguarding Lead (Flowchart 2)	15



**YOUTH
WITHOUT
LIMITS**

**Safeguarding Procedures
(including Child Protection)**

APRIL 2023

Immediate Response	18
Next Steps	19
Acknowledgments	24
Appendices	25
Appendix 1: Safeguarding Report Form	25
Appendix 2: Sources of Information and Support	30
Appendix 3: Mental Capacity and Decision making	34



**YOUTH
WITHOUT
LIMITS**

Safeguarding Procedures (including Child Protection)

APRIL 2023

Introduction

The DofE is committed to providing a safe environment for everyone who participates in or comes into contact with our organisation and its activities. These procedures must be followed where there are safeguarding concerns about a child or an adult.

These procedures are part of the DofE safeguarding framework and should be implemented with reference to our Safeguarding Policy Statement and related policies.

This document sets out the steps to be taken in response to any concern that a child or adult at risk may be experiencing or is at risk of harm or abuse. It also includes procedures about what to do if you have concerns for yourself eg if you are a young person.

If you have immediate concerns for the safety of yourself or others

call 999

At any time: if you are a child (under 18) and you need help, you can call **Childline**

on 0800 11 11 for help, advice and support

Harm and abuse

What do we mean by harm and abuse?

The DofE recognises that there are many kinds of abuse or harm relating to children, young people and adults at risk. There is no exhaustive list and it is important not to limit our understanding of how a child, young person or adult may experience abuse or be at risk.

Abuse or harm may include one or more of the following categories

- » Physical
- » Emotional or psychological
- » Sexual
- » Financial
- » Neglect

A definition of each of these can be found in the **Safeguarding Policy** Glossary.



The above categories of harm may occur in different ways and contexts including

- » Domestic abuse (including children witnessing it)
- » Sexual exploitation
- » Criminal exploitation and county lines
- » Peer on peer
- » Bullying
- » Grooming
- » Radicalisation
- » Hate crime
- » Institutional or organisational

For the most up to date information about abuse and harm please see: [NSPCC](#) (children and young people) and [Ann Craft Trust](#) both of which provide an explanation of different types of abuse with possible signs to be aware of.

Many types of abuse and harm are illegal in the UK, such as Female Genital Mutilation, Forced Marriage, trafficking and sexual abuse of a child. Abuse and harm may involve acts which are criminal for example fraud or theft, assault, rape, upskirting or 'revenge porn'.

Harm and abuse can be perpetrated in various ways eg face to face, verbally or physically, online via social media or SMART devices, in writing. It may occur through one or a combination of means of contact.

Who might abuse or harm others?

Abuse or harm of a child, young person or adult may be carried out by anyone including

- » A parent or carer
- » A spouse, partner or other family member
- » Neighbours or residents
- » Friends, acquaintances or strangers
- » People who deliberately target and groom children or adults in order to exploit or abuse them
- » Paid staff, professionals or volunteers eg those providing care or support in school, college, expeditions or other settings

Whilst strangers may target children or adults to abuse them, often the abuser is already known to them and / or the family. The abuser may be in a position of trust or power which can make it difficult for the child or adult to tell others or feel that they will be believed.



How concerns may arise

Information about safeguarding concerns may not always be reported as a safeguarding concern initially. DofE staff, volunteers and in particular the Designated Safeguarding Lead (DSL), will be mindful at all times that any information that leads to concerns about the welfare of a child or wellbeing of an adult, regardless of how it is communicated, may be a safeguarding concern and should be treated as such.

For example, information may initially arise as a comment, casual conversation, a health and safety incident or report, feedback or a complaint. If there is any suggestion that this may involve or lead to a safeguarding concern, it must be reported to the DofE DSL, using these procedures.

Professional curiosity

DofE staff and volunteers are expected to take an approach of “professional curiosity” regarding safeguarding.

This means that you must

- » Avoid making assumptions
- » Be mindful of factors or circumstances that could place a child, young person or adult at greater risk of abuse or harm (eg disability, additional learning needs, looked after child, disadvantaged or under-represented groups)
- » Take all concerns, allegations and disclosures seriously, reporting them to the DofE DSL without delay

Risk factors

DofE recognises that mental health issues for children, young people and adults can have a profound impact on the individual and those they live with or care for. Mental health problems may overlap with safeguarding concerns and / or present risk.

It is important for all staff and volunteers to understand that abuse can take place within domestic settings and DofE encourages staff and volunteers to be mindful of such instances.

Safeguarding actions, should wherever possible, not place the child or adult at greater risk. Concerns must be reported to the DSL for a decision without delay. The exception would be where immediate action is needed to safeguard such as calling emergency services. However, this would be followed up by notifying the DSL once the emergency has been responded to.



**YOUTH
WITHOUT
LIMITS**

Safeguarding Procedures (including Child Protection)

APRIL 2023

Being person-centred

The DofE recognises the importance of being person-centred. It is essential to treat each child or adult as an individual with views, thoughts and wishes about what they would like to happen and how they would like to be supported to keep safe.

It is far more likely that a child, young person (and their family) or adult who is treated as an equal partner in the safeguarding process will engage meaningfully. DofE will follow best practice at all times to work towards this, whether it is directly in contact with the child or adult or through a licensed organisation.

How to use these procedures

These procedures are set out in two sections and set out what you must do if you have a concern.

Section One: Reporting concerns: Anyone may report concerns using this procedure

- » DofE staff and volunteers
- » Participants or their parents / carers
- » Licensed organisations (LO's and AAP's)
- » Others such as members of the public

Note regarding licensed organisations

All organisations licensed by the DofE to deliver its programme of activities are mandated to have effective safeguarding arrangements in place.

As part of the licensing contract terms, LO's and AAP's **must report** certain safeguarding concerns, incidents and allegations direct to DofE DSL, without delay.

- » **If you are a participant, their parent / carer or other person** (ie NOT a DofE member of staff or volunteer) and you have concerns about an LO or AAP, you should usually follow the LO or AAP's safeguarding procedures and contact their safeguarding lead in the first instance. However, we encourage you to let us know about your concerns, particularly if you feel you are not being listened to, the concern is not being addressed or the matter is serious in nature. On receipt of your safeguarding concern we will ask you whether this has been reported to the LO or AAP.
- » **If you are a staff member or volunteer in an LO or AAP**, you must follow your organisation's safeguarding policy in the first instance. However, to enable DofE to satisfy itself regarding the safeguarding of its participants, we want you to tell us if you think you are not being listened to or the concern is not being addressed.



**YOUTH
WITHOUT
LIMITS**

Safeguarding Procedures (including Child Protection)

APRIL 2023

Section Two: applies to the Designated Safeguarding Lead and sets out steps following receipt of a safeguarding concern

The procedures are presented in flow charts and text. Please refer to both for complete information.

Section One: Reporting concerns

This section applies to everyone who wishes to raise a safeguarding concern.

If you or the person concerned are in immediate danger or need immediate medical assistance **contact the emergency services 999 first.**

If you or someone you know, is experiencing harm or abuse whilst participating in DofE activities, please contact the DofE Designated Safeguarding Lead or Deputy (DSL or DDSL) (details below):

Insert contact details

If you prefer, you can tell a DofE member of staff or volunteer and they will assist you in raising the concern with us.

If the person you want to report is the DSL or DDSL, or you think they have a conflict of interest, then you should contact the DofE's Chief Executive Officer or the Trustee Board.

You can also contact the Police, NSPCC (for children), the relevant Social Services team, your doctor or other organisations that can provide information and give help and support (see Appendix 2 Other sources of support).

On being told of a safeguarding concern, the DofE will follow the procedure set out in section two of this document. If you do not think DofE have addressed your concerns in the way that they should be please contact the Charity's Chief Executive Officer.



**YOUTH
WITHOUT
LIMITS**

Safeguarding Procedures (including Child Protection)

APRIL 2023

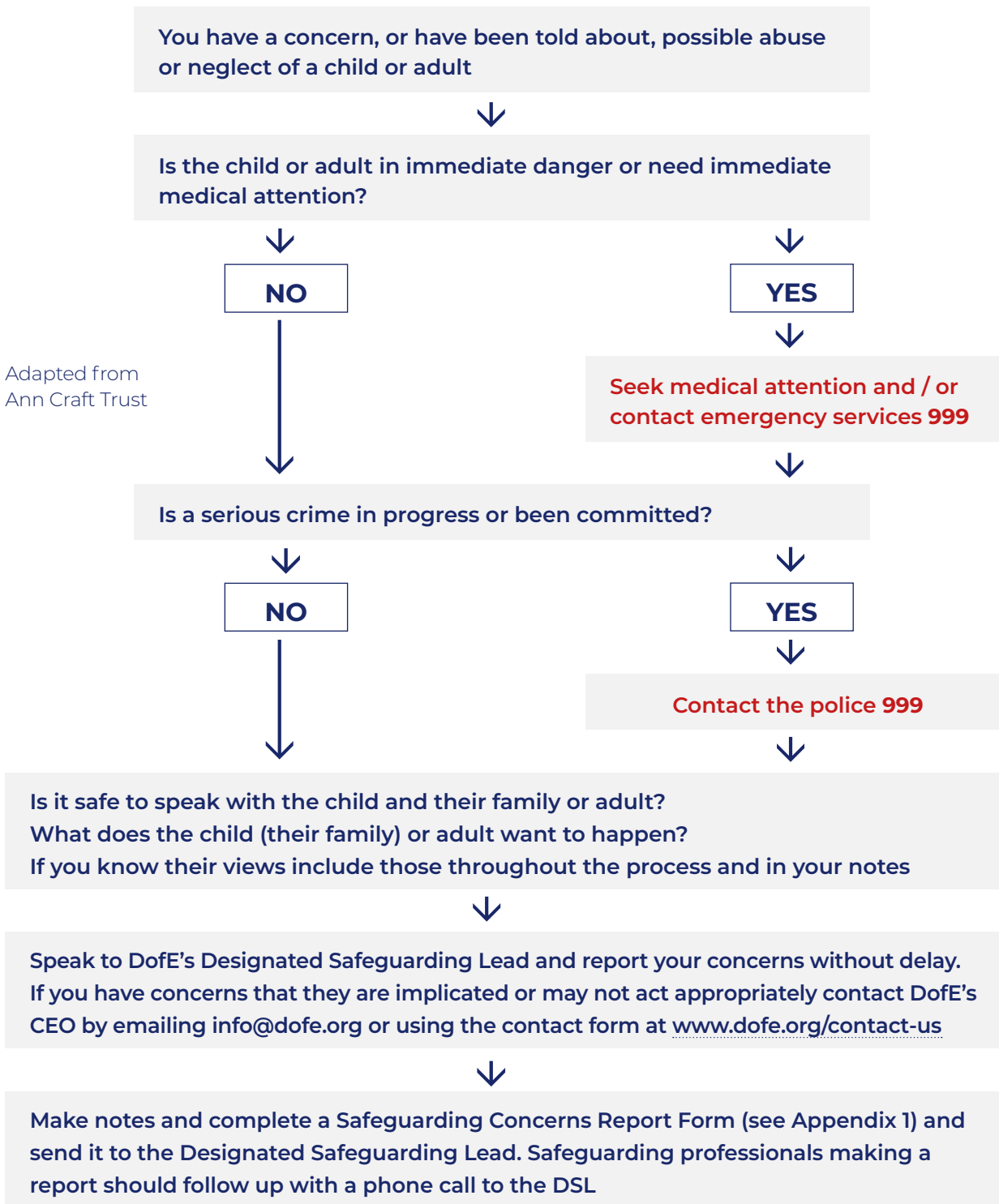
If you are a participant, parent / carer or member of public you are welcome at any stage to have someone support you. It is important you can tell us what happened and what you want to happen.

DofE want to ensure that whether you are a participant, parent / carer or other person that you feel you can take part in our activities or work with us, safely.

We will take all reasonable steps to support you to do that.



Reporting Concerns (Flowchart 1)





**YOUTH
WITHOUT
LIMITS**

Reporting Concerns

You should never keep safeguarding concerns to yourself. If you have concerns and / or you are told about possible or alleged abuse or neglect or poor practice, you must contact the DofE Designated Safeguarding Lead as soon as you can.

You may be concerned about abuse or harm that has happened (or that may happen) to a child or adult. This might be because of something you have seen or heard, information you have been told by others or because someone has confided in you about things that are happening or have happened to them.

If the Designated Safeguarding Lead is the person you want to report or you think they have a conflict of interest, then report to the DofE CEO

Where you have concerns about someone, always follow the guidance below

- » It is not your responsibility to prove or decide whether a child or adult has been harmed or abused. It is everyone's responsibility to respond to and report concerns they have
- » If someone has a need for **immediate medical attention** call an **ambulance on 999**
- » If you are concerned someone is in **immediate danger** or a **serious crime** is being committed contact the **police on 999** straight away. Where you suspect that a crime is being committed, you must involve the police
- » It is important to be **person centred**. Provided it will not put a child or adult or you at further risk, discuss your safeguarding concerns with the child (and parents / carers, if possible) or adult and ask them what they would like to happen next. Explain to them that you have to pass on your concerns to your Designated Safeguarding Lead. **Do not** contact the child, their parents / carers or the adult before talking to the DSL if the person allegedly causing the harm is likely to find out
- » **Remember not to confront the person thought to be causing the harm**



Responding to a Direct Disclosure

If a child or adult tells you or their behaviour suggests that they are being harmed or abused, or information is received which gives rise to concern, you should

- » Stay calm
- » Take it seriously
- » Listen carefully to what is said, allowing the person to continue at their own pace
- » Be sensitive and non-judgemental
- » Keep questions to a minimum and only to clarify what they are telling you. Use TED (tell me, explain to me, describe to me) so that you avoid asking leading questions
- » Reassure the person that they have done the right thing in revealing the information
- » Ask them what they would like to happen. You cannot make promises but it is important to know someone's views, feelings and wishes
- » Explain what you need to do next
- » Explain that you will have to share the information with the DSL
- » **If they are an adult and it is NOT an emergency**, ask if they are willing for the information to be shared outside the organisation (ie do they consent to DofE telling the police or local authority)
- » Make an arrangement as to how you or the DSL can contact them safely
- » Provide relevant information so they know how to get help or contact other organisations for advice and support (e.g. Police, Domestic Abuse helpline, Victim Support – see Appendix 2)
- » Act swiftly to report and carry out any relevant actions
- » Record in writing what was said using the child or adult's own words as soon as possible.
- » Keep the record securely so that no unauthorised person sees it

It is important not to

- » Promise to keep the information secret – you will have to tell the DSL as they may need to tell the police or local authority
- » Dismiss or ignore the concern
- » Panic or show shock
- » Make negative comments about the alleged perpetrator
- » Make assumptions or speculate



**YOUTH
WITHOUT
LIMITS**

Safeguarding Procedures (including Child Protection)

APRIL 2023

- » Come to your own conclusions
- » Probe for more information than is offered
- » Make promises that cannot be kept
- » Conduct an investigation of the case
- » Confront the person thought to be causing harm
- » Take sole responsibility

Record Keeping

- » Complete a Safeguarding Report Form (see Appendix 1) and submit to the DofE DSL without delay and within 24 hours where possible
- » You should also phone ahead to make sure they are expecting the form and to discuss any immediate concerns or actions
- » Describe the circumstances in which the concern came about and what action you took / advice you gave
- » It is important to distinguish between things that are facts, things that have been observed or over-heard and opinions, in order to ensure that information is as accurate as possible
- » If someone has told you about the harm or abuse, use the words the person themselves used. If someone has written to you (including by email, message) include a copy of this with the form

Confidentiality and Information Sharing

You must always take care to treat information as confidential at all times and in line with data protection best practice. This means being careful what you share verbally and in writing.

Data protection must never be a barrier to safeguarding. Always share your concerns with the DSL who will decide what steps need to be taken.

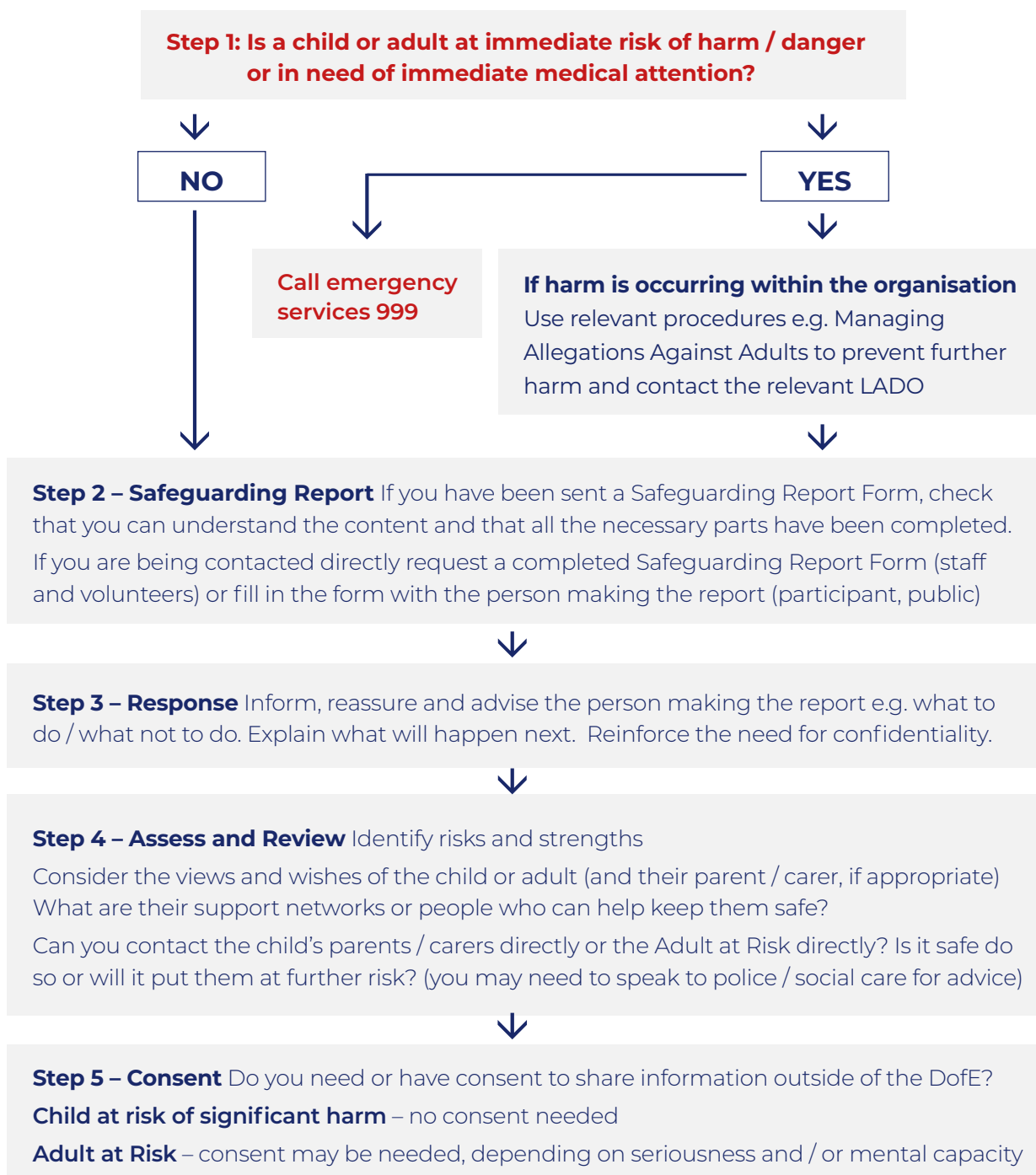
Information must only be shared with those who need to know such as the DSL and safeguarding professionals. The DSL will provide advice and support regarding this in each case.

Arrangements for information sharing between DofE and other organisations is provided for in the relevant documentation eg licensing contract documents (licensed organisations) or joint working protocols (joint working).



Section Two: Steps for the DofE DSL

Procedure for Designated Safeguarding Lead (Flowchart 2)





Procedure for Designated Safeguarding Lead (Flowchart 2) continued



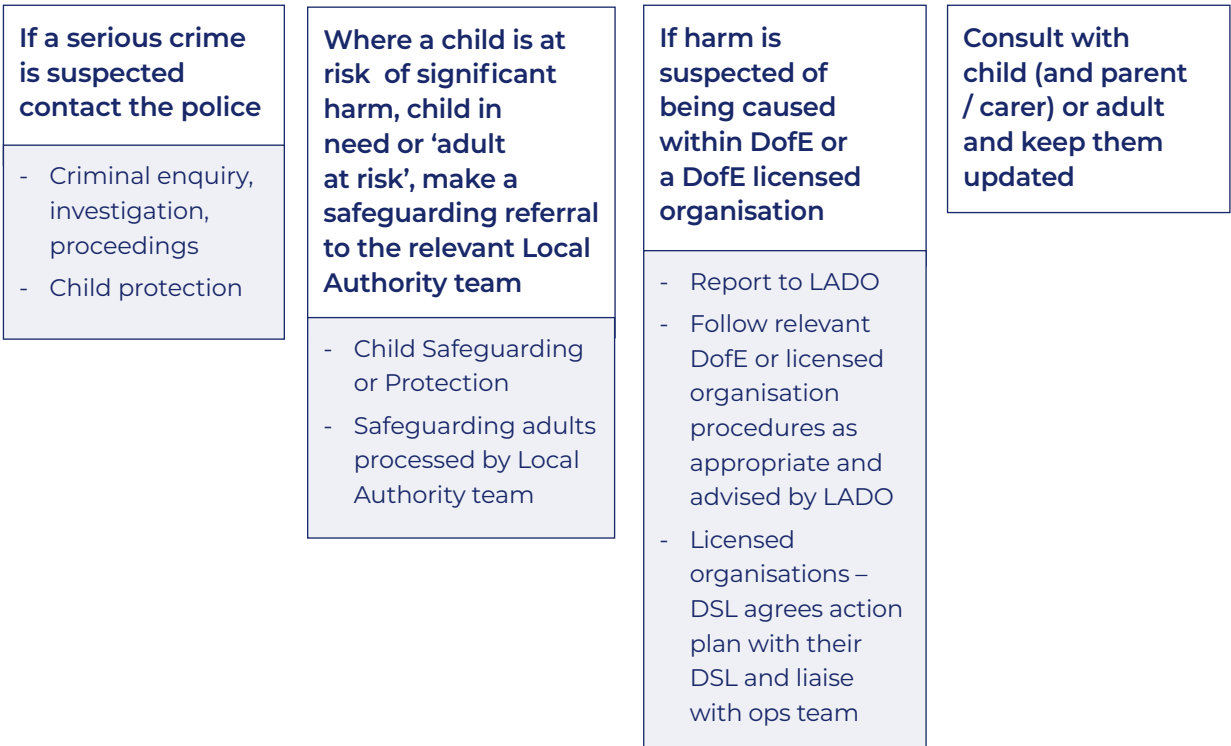
Step 6 – Support and Information Where it is safe to do so, contact the child / family or Adult at Risk

Explain what is happening and what may happen next

Ensure they have access to information and support (see Appendix 2)



Step 7 – Consult and Decide Consult Children’s Social Care or Adult Social Services, the Police, DSL at the LO or AAP (as appropriate) and decide which one or more of the following actions need to be taken.



Step 8 – Continue to take advice and co-ordinate actions / liaise with other agencies
Attend and contribute to Safeguarding Strategy meetings



Procedure for Designated Safeguarding Lead (Flowchart 2) continued



Step 9 – Bring to Case Management meeting to coordinate actions by DofE

<p>Possible outcome: serious crime</p> <ul style="list-style-type: none"> - Criminal Caution or Conviction - Police referral back to DofE or licensed organisation - Referral to DBS for barring - Unsubstantiated – no further action 	<p>Possible outcomes: child / adult safeguarding</p> <ul style="list-style-type: none"> - LA enquiries triggered - Child, family or adult supported - Other children or adults identified as at risk - Multi-agency meetings to coordinate actions - New / changed support plans - Does not meet safeguarding threshold – information and advice provided 	<p>Possible outcomes: managing allegations</p> <ul style="list-style-type: none"> - Informal resolution - Education and training - Formal warning - Dismissal - Role conditions applied - Contract ended - Referred to DBS - License suspended or revoked or conditions imposed - Unsubstantiated – no further action - Support for child / adult - Support for participants and staff / volunteers 	<p>Possible outcomes: keeping in contact</p> <ul style="list-style-type: none"> - Child and family or adult receives information about the process - Child or adult supported to have their views and experience heard and feedback - Child and family or adult supported to gain support from other agencies - Child or adult continues to participate in activities with appropriate support and safeguards
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Step 10 – Recording and Reporting Ensure decisions made, actions taken and outcomes are logged, tracked and reviewed



**YOUTH
WITHOUT
LIMITS**

Safeguarding Procedures (including Child Protection)

APRIL 2023

Once a concern has been passed to the DofE DSL, they will coordinate this procedure (see Flowchart 2 above), having due regard to the facts known. Each case will be treated on a case by case basis.

The Designated Safeguarding Lead will keep clear records of decision making, actions taken, and the outcomes achieved. They will track progress and report regularly via case management meetings. They will also collect feedback from the child, their parent / carer or adult concerned and any Licensed Organisation or Approved Activity Provider involved.

The Designated Safeguarding Lead in consultation with others such as DofE Safeguarding Board chair, police, LADO, social care (as appropriate) will take the following actions:

Immediate Response

1. Ensure that all **immediate actions** necessary to safeguard anyone at risk have been taken. This may mean calling emergency services.

Where the incident or risk is in relation to the behaviour of a DofE staff member or volunteer, use the relevant procedures (e.g. Managing Allegations Against Adults) to prevent that person making contact with the child or adult at risk.

Where the incident or risk is in relation to activities delivered by a licensed organisation (LO or AAP), the DSL must ensure that the safeguarding lead of that organisation is made aware (if they are not already) and agree an action plan.

In most circumstances it will be appropriate for the licensed organisation safeguarding lead to be responsible for actions and keep the DofE DSL up to date. However, where the DSL feels that appropriate action has not been taken, they may (in line with the licensing arrangements and DofE Safeguarding Policy), take action themselves.

The DSL will consider all known or reasonable risks when deciding immediate action and next steps. In the case of Licensed Organisations, this will include liaising with the relevant DofE Region or Country team regarding any necessary steps or conditions that should be imposed, monitored and / or recorded regarding that organisation and its delivery of DofE



programme.

Next Steps

2. If you have been sent a **Safeguarding Report Form** check that you can understand what is written and that all the necessary parts have been completed.

If you are being contacted directly by a DofE member of staff or a volunteer or other professional, request that they complete a Safeguarding Report Form if they have not already done so (see Appendix 1) as soon as possible.

If the report is being made by the child or adult themselves or a member of the public fill in the safeguarding report form yourself gaining the details with the person contacting you.

3. Inform, reassure, and advise the **person making the report** e.g. what to do / what not to do. Explain what will happen next. Reinforce the need for confidentiality. It may be hard for people to understand, but make sure they know it is not always possible to let them know the outcome of their report because you must protect the privacy of others. Reassure them that they have done the right thing.
4. Consider what is known about the situation, what the risks are, what is known of **the views of the child, their parent / carer (where appropriate) or the adult**.

Also think about any known strengths such as support networks or places the child or adult goes (eg school, club), relationships or other factors that will be helpful to keep them safe.

It is important that in taking steps to safeguard someone, that this does not place them at greater risk. In some cases, talking to a child's parent or carer or the adult's partner for example may increase risk, especially if that person is suspected of either perpetrating or covering up the abuse. If you are unsure, you can contact the children's social care, NSPCC (children) or adult social services team (adults) for advice.

Decide if you need to **contact the LO or AAP, child (and parent / carer) or adult** to get more information, determine their wishes, or explain what actions you need to take.



5. Establish whether you need consent to share the information outside of the DofE (see also step 7).

The general principle is that

- » Where a serious crime has been committed or where there is imminent and serious risk, the matter must be reported to the police regardless of whether consent has been given by the child's parents / carers or the adult at risk
- » Where there are concerns that a child is at risk of significant harm, a referral to children's services must be made (police may also need to be informed). This is regardless of whether the child's parents / carers consents or where there is an adult at risk and they do not consent.

You should seek consent for

- » a referral to children's social care because you believe a child to be a child in need or requires early help. You can check the local authority child safeguarding guidance and thresholds for information or contact the children's social care team for advice
- » a referral to adult social services in respect of an Adult at Risk. This is unless one of the above exceptions applies or there is reason to believe the person lacks the mental capacity to make a decision regarding the safeguarding situation.

Advice can and should be sought from the local authority adult safeguarding team regarding mental capacity. Further information and guidance about mental capacity can be found in Appendix 3

6. Explain to the **child (and their parent / carer, where appropriate) or adult** about the process and what will happen next. Ensure that they have been provided with information about who to contact for help or other organisations that can support them (see Appendix 2).

ONLY do this if you have a way of safely contacting them which does not place them (or yourself) at risk.

7. Consult and Decide

If necessary, consult with relevant persons such as DofE Safeguarding Board chair, the



Police, LADO and relevant local authority safeguarding team, the safeguarding lead of the licensed organisation (where relevant) to decide which of the following actions need to be taken and by whom:

» **Contact the police** (where the crime took place) **if**

- a serious crime has been committed.
- a crime has been committed against someone without the mental capacity to contact the police themselves.
- the child or adult has asked you to make a report to the Police on their behalf because they are unable to themselves.

» **Make a referral**

to the Children's Social Care team (in the local authority where they live) where

- a child is at risk of significant harm. This includes all situations where there is domestic abuse within the household where the child lives
- a child is in need or requires early help (consent is required)

to the Adult Safeguarding team (in the local authority where they currently live) where

- the adult is an 'adult at risk'

AND (where one of the following applies)

- the adult appears not to have the mental capacity to make decisions about their own safety and well-being
- the risk is from a person employed or volunteering in work with adults with care and support needs (including within a sports organisations or educational or care establishments)
- there are other 'adults at risk' (e.g. another family member, participant)
- the adult at risk lives in Wales or Northern Ireland (no consent required)
- the adult at risk lives in England or Scotland and they have asked you to make a report or have given their informed consent to you making it

If you are unsure whether or not to make a referral you can ask for advice by contacting Children's Social Care or Safeguarding Adults team and discuss the



situation with them without disclosing the identity of the child or adult

» Use policy and procedures to stop harm within the DofE or licensed organisation

If the person who may be causing harm is

- a staff member or volunteer of DofE, follow the Managing Allegations Against Adults Procedures; or
- a staff member or volunteer of a licensed organisation, contact the safeguarding lead to discuss and agree actions that must be taken

In either case, you must decide what short term arrangements can be put in place to enable the child or adult, who may be being harmed, to be able to continue participating safely, if they wish to do so.

Any arrangements made must also respect the rights of the person of the alleged perpetrator and must be consistent with the relevant policy and procedures.

- 8.** Where statutory agencies are involved **work together** with them to agree the next steps. E.g. the Police may need to interview a staff member before a disciplinary investigation is conducted.

Attend and contribute to any safeguarding strategy or case meetings that are called by the Local Authority.

If statutory agencies say that they will not be taking any action in relation to a referral this should not stop DofE from taking internal steps to safeguard the child or adult. E.g. the Police may decide not to pursue a criminal investigation where there is an allegation against a staff member or volunteer, but the DofE should still follow its disciplinary or managing volunteers procedure or require this of the licensed organisation, where relevant.

Decide who in the organisation will **maintain contact with the child or adult** to consult with them, keep them updated and make sure they are receiving the support they need.

Unless advised not to by the Police or Local Authority, and only if there is a safe way to do so, contact the child and parent / carers or adult to let them know about the actions you have taken and the outcomes so far.

For children, you should make sure they have appropriate support with them and that you follow the Digital Safeguarding Policy regarding contacting children. Where possible,



the process should involve their parent / carer or other responsible adult.

Find out if the actions taken are working, what matters to them, what they would like to happen next and what outcomes they want to achieve.

9. Discuss the matter at **Case Management meeting** to coordinate actions internally and track progress:
- » share information about what has happened with those within DofE who have a role in safeguarding the child or adult.
 - » share the views of the child (and their family) or adult.
 - » share any actions being taken by the Police / Local Authority
 - » agree who will coordinate between DofE and other agencies
 - » decide what actions DofE will take

Liaise with operations team where the concern is in relation to activities delivered by a licensed organisation to ensure co ordination

Actions might include

- » Use of internal procedures such as breach of code of conduct / disciplinary or managing volunteers procedures to address any behaviour that may have caused harm
- » Reporting any employee or volunteer found to have caused harm to the Disclosure and Barring Service
- » Licence is suspended, revoked or other conditions set
- » Communication with the child (and parent / carer) or adult about the safeguarding process
- » Agreeing how DofE will manage communications, speculations, concerns or gossip in the organisation or wider community
- » Offering support to the child (and family) or adult and making any arrangements needed for them to continue their involvement in DofE, if they wish to do so
- » Offering support to staff, volunteers and other participants affected by the circumstances
- » Ensuring senior managers will be updated as needed



- 10.** Record all decision making to ensure transparency and that actions agreed are followed. **Follow up meetings** should be held as necessary until the actions needed are complete.

Ensure **records are complete and stored securely**. Collate monitoring information, including feedback from the person who was at risk of harm and **report to senior management team / the Board as requested**.

Consider lessons learned through case review and identify action plan such as updated training, policies or procedures.

Serious matters must be reported to the Charity Commission.

In such cases, where the DSL considers this is a **“serious matter”** which should be reported to the Charity Commission, the DSL will make the recommendation to the Safeguarding Board or seek their advice as part of the DSL safeguarding report. Where the DSL considers the matter should not wait for the next scheduled Board meeting, they may send a short, confidential email to members of the Safeguarding Board, notifying of intention to file the report within 48 hours. Trustees and CEO will be kept up to date through usual reporting processes.

Acknowledgments

Sections of these procedures including flow charts, information and text have been adapted from Ann Craft Trust resources.



Appendices

Appendix 1: Safeguarding Report Form

To be completed as fully as possible if you have concerns regarding a child or adult.

If it is safe to do so, it is important to let the child (their parent or carer) or the adult know about your concerns and that you have a duty to pass the information onto the designated safeguarding lead. The Designated Safeguarding Lead will then look at the information and start to plan a course of action.

Section 1 – Details of child or adult (you have concerns about)

Name of child or adult	
Address	
Date of Birth / Age	
Contact number	
Emergency contact if known	
Consent to share information with emergency contact?	

Section 2 – Details of the person completing this form / Your details

Name	
Contact phone number(s)	
Email address	
Line manager or alternative contact	
Name of Licensed Organisation, Approved Activity Provider or other organisation	
Your Role in organisation	



Section 3 – Details of concern

Please explain why you are concerned. Please give details about what you have seen / been told / other that makes you believe the child or adult is at risk of harm or is being abused or neglected (include dates / times / evidence from records / photos etc.)

Date / Time	What happened

Section 4 – Details of the person thought to be causing harm (if known)

Name	
Address	
Date of Birth / Age	
Relationship / connection to child or adult	
Role in organisation	
Do they have contact with other children or adults at risk in another capacity? E.g. in their work / family / as a volunteer	



Section 5 – Discussing your concerns

Have you discussed your concerns with the child or adult? What are their views and wishes? What have they stated about what they want to happen and what outcomes they want?

Section 6 – Reasons for not discussing with the child (and parent / carer) or adult

Discussion would put the child or adult or others at risk. Please explain:

Adults only Adult appears to lack mental capacity. Please explain:

Child or adult unable to communicate their views and not able to speak to parent / carer. Please explain:

Section 7 – Risk to others

Is anyone else at risk ie children or adults? Yes No Not known

If yes please fill in another form for each person answering questions 1–6

Section 8 – What action have you taken if any?

Actions by club: e.g. person causing harm suspended, session times changed.



Section 9: Other agencies contacted

Who contacted / reference number / contact details / advice gained / action being taken

Police

Ambulance

Other – please state who and why:

Section 10: Contact with Welfare Officer others within the club

Who else has been informed of this issue? What was the reason for information sharing?

Consultation with Designated Safeguarding Lead	Dates and times
Completed Form copied to Designated Safeguarding Lead	Dates and times
Signed	Date



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**Safeguarding Procedures
(including Child Protection)**

APRIL 2023

DofE SAFEGUARDING TEAM USE ONLY

Section 11 – Sharing the concerns

To be completed by Designated Safeguarding Lead

Details of your contact with the child (and parents / carers) or adult at risk of harm.

Adults only: Have they consented to information being shared outside of DofE?

Yes No

Details of contact with the Local Authority Safeguarding Team / MASH where the child or adult at risk of harm lives – advice can be still sought without giving personal details if you do not have consent for a referral.

Details of any other agencies contacted

Details of the outcome of this concern



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Appendix 2: Sources of Information and Support

Childline

Childline offers free, confidential advice and support whatever your worry, whenever you need help.

Tel: 0800 1111

www.childline.org.uk

Young Minds

Young Minds provides free help, support and advice for young people, professionals and parents where young people are struggling with their mental health.

www.youngminds.org.uk

Shout

Shout provides free, 24 / 7 text support for young people across the UK experiencing a mental health crisis.

All texts are answered by trained volunteers, with support from experienced clinical supervisors.

Texts are free from EE, O2, Vodafone, 3, Virgin Mobile, BT Mobile, GiffGaff, Tesco Mobile and Telecom Plus.

Texts can be anonymous, but if the volunteer believes you are at immediate risk of harm, they may share your details with people who can provide support.

Opening times: 24 / 7

Text YM to 85258

Action on Elder Abuse

A national organisation based in London. It aims to prevent the abuse of older people by raising awareness, encouraging education, promoting research and collecting and disseminating information.

Tel: 020 8765 7000

Email: enquiries@elderabuse.org.uk

www.elderabuse.org.uk



**YOUTH
WITHOUT
LIMITS**

Safeguarding Procedures (including Child Protection)

APRIL 2023

Ann Craft Trust (ACT)

A national organisation providing information and advice about adult safeguarding. ACT have a specialist Safeguarding Adults in Sport and Activity team to support the sector.

Tel: 0115 951 5400

Email: Ann-Craft-Trust@nottingham.ac.uk

www.anncrafttrust.org

Men's Advice Line

For male domestic abuse survivors

Tel: 0808 801 0327

National LGBT+ Domestic Abuse Helpline

Tel: 0800 999 5428

National 24Hour Freephone Domestic Abuse Helplines

ENGLAND

Tel: 0808 2000 247

www.nationaldahelpline.org.uk/

[Contact-us](#)

NORTHERN IRELAND

Tel: 0808 802 1414

www.dsahelpline.org

Twitter: www.twitter.com/dsahelpline

Facebook: www.facebook.com/dsahelpline

SCOTLAND

Tel: 0800 027 1234

Email: helpline@sdaafmh.org.uk

Web chat: sdaafmh.org.uk

WALES

Llinell Gymorth Byw HebOfn / Live free from fear helpline

Tel: 0808 8010 800

Type Talk: 18001 0808 801 0800

Text: 078600 77 333



**YOUTH
WITHOUT
LIMITS**

Safeguarding Procedures (including Child Protection)

APRIL 2023

Rape Crisis Federation

Provides a range of facilities and resources to enable the continuance and development of Rape Crisis Groups

ENGLAND AND WALES

Email: info@rapecrisis.co.uk
www.rapecrisis.co.uk

SCOTLAND

Text: 07537 410 027

Email: support@rapecrisisscotland.org.uk
Webchat: www.rapecrisisscotland.org.uk

NORTHERN IRELAND

Email via website: [https:// rapecrisisni.org.uk](https://rapecrisisni.org.uk)

Helpline: 08088 01 03 02

Helpline: 0800 0246 991

Respond

Respond provides a range of services to victims and perpetrators of sexual abuse who have learning disabilities and training and support to those working with them.

Tel: 020 7383 0700 or 0808 808 0700 (Helpline)

Email: services@respond.org.uk
www.respond.org.uk

Stop Hate Crime

Works to challenge all forms of Hate Crime and discrimination, based on any aspect of an individual's identity. Stop Hate UK provides independent, confidential and accessible reporting and support for victims, witnesses and third parties.

24 hours service:

Tel: 0800 138 1625

Web Chat: www.stophateuk.org/talk-to-us
E mail: talk@stophateuk.org

Text: 07717 989 025

Text relay: 18001 0800 138 1625

By post: PO Box 851, Leeds LS1 9QS



**YOUTH
WITHOUT
LIMITS**

Safeguarding Procedures (including Child Protection)

APRIL 2023

Susy Lamplugh Trust

The Trust is a leading authority on personal safety. Its role is to minimise the damage caused to individuals and to society by aggression in all its forms – physical, verbal and psychological.

Tel: 020 83921839 Fax: 020 8392 1830

Email: info@suzylamplugh.org
www.suzylamplugh.org

Victim Support

Provides practical advice and help, emotional support and reassurance to those who have suffered the effects of a crime.

Tel: 0808 168 9111
www.victimsupport.org.uk

Women's Aid Federation of England and Wales

Women's Aid is a national domestic violence charity. It also runs a domestic violence online help service.

www.womensaid.org.uk/information-support

Scottish Women's Aid

<https://womensaid.scot>

Women's Aid Federation Northern Ireland

www.womensaidni.org

Source: some information used and adapted from Ann Craft Trust



Appendix 3: Mental Capacity and Decision Making

The following information and guidance is provided by Ann Craft Trust

We make many decisions every day, often without realising. UK Law assumes that all people over the age of 16 have the ability to make their own decisions, unless it has been proved that they can't. It also gives us the right to make any decision that we need to make and gives us the right to make our own decisions even if others consider them to be unwise.

We make so many decisions that it is easy to take this ability for granted.

The Law says that to make a decision we need to

- » Understand information
- » Remember it for long enough
- » Think about the information
- » Communicate our decision

A person's ability to do this may be affected by things such as learning disability, dementia, mental health needs, acquired brain injury and physical ill health.

Most adults have the ability to make their own decisions given the right support however, some adults with care and support needs have the experience of other people making decisions about them and for them.

Some people can only make simple decisions like which colour T-shirt to wear or can only make decisions if a lot of time is spent supporting them to understand the options. If someone has a disability that means they need support to understand or make a decision this must be provided. A small number of people cannot make any decisions. Being unable to make a decision is called "lacking mental capacity".

Mental capacity refers to the ability to make a decision at the time that decision is needed. A person's mental capacity can change. If it is safe / possible to wait until they are able to be involved in decision making or to make the decision themselves.

For example

- » A person with epilepsy may not be able to make a decision following a seizure.
- » Someone who is anxious may not be able to make a decision at that point.
- » A person may not be able to respond as quickly if they have just taken some medication that causes fatigue.

Mental Capacity is important for safeguarding for several reasons.



Not being allowed to make decisions one is capable of making is abuse. For example, a disabled adult may want to take part in an activity but their parent who is their carer won't allow them to and will not provide the support they would need. Conversely the adult may not seem to be benefiting from an activity other people are insisting they do.

Another situation is where an adult is being abused and they are scared of the consequences of going against the views of the person abusing them. It is recognised in the law as coercion and a person can be seen not to have mental capacity because they cannot make 'free and informed decisions'.

Mental Capacity must also be considered when we believe abuse or neglect might be taking place. It is important to make sure an 'adult at risk' has choices in the actions taken to safeguard them, including whether or not they want other people informed about what has happened, however, in some situations the adult may not have the mental capacity to understand the choice or to tell you their views.

Each home nation has legislation that describes when and how we can make decisions for people who are unable to make decisions for themselves. The principles are the same.

- » We can only make decisions for other people if they cannot do that for themselves at the time the decision is needed.
- » If the decision can wait, wait – e.g. to get help to help the person make their decision or until they can make it themselves.
- » If we have to make a decision for someone else then we must make the decision in their best interests (for their benefit) and take into account what we know about their preferences and wishes.
- » If the action we are taking to keep people safe will restrict them then we must think of the way to do that which restricts to their freedom and rights as little as possible.

Many potential difficulties with making decisions can be overcome with preparation. A person needing support to help them make decisions whilst taking part in a sports organisation will ordinarily be accompanied by someone e.g. a family member or formal carer whose role includes supporting them to make decisions.

It is good practice to get as much information about the person as possible. Some people with care and support needs will have a 'One page profile' or a 'This is me' document that describes important things about them. Some of those things will be about how to support the person, their routines, food and drink choices etc. but will also include things they like and don't like doing. It's also important to have an agreement with the person who has enrolled the adult in the sports activity about how different types of decisions will be made on a day to day basis.



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WITHOUT
LIMITS**

Safeguarding Procedures (including Child Protection)

APRIL 2023

If a person who has a lot of difficulty making their own decisions is thought to be being abused or neglected you will need to refer the situation to the Local Authority, and this should result in health or social care professionals making an assessment of mental capacity and /or getting the person the support they need to make decisions.

There may be times when a sporting organisation needs to make decisions on behalf of an individual in an emergency. Decisions taken in order to safeguard an adult who cannot make the decision for themselves could include:

- » Sharing information about safeguarding concerns with people that can help protect them.
- » Stopping them being in contact with the person causing harm.